

Nascadh CDP Community Newsletter



May 2013

East Wall Men's Shed, *its up to you!!*

Nascadh CDP are planning to set up a men's shed in East Wall.

Men's sheds are running all over the country. Every men's shed is different.

In Carlow they have set up a co-operative to make garden furniture, in other areas they have set up fishing clubs, others look at sports and activities. It can be whatever you want it to be. Principally it is somewhere to get away from it all. The idea is to encourage men to work on small projects either of their own choice or as a group. It is a place to get out of the house for a while and have a change of scenery/atmosphere.

If this is something that you would be interested in, please contact Nascadh CDP 01 8893985 or nascadhcdp@eircom.net

To find out more about men's sheds nationally log on to www.menssheds.ie



Family Fun Day East Wall Recreation Centre Sunday the 16th of June.

The East Wall for All Committee will be organising our family fun day in East Wall Recreation Centre this year. It will be from 2 –5pm and feature the Garda Band and a local talent show. If you are interested in participating in the talent show you can e-mail your interest to eastwallforall@gmail.com or leave your name and contact details with East Wall Youth or East Wall Recreation Centre.

Details of the event will be posted on the East Wall for All Website (www.eastwallforall.ie) and on posters around the area.



Lord Mayor Naoise Ó Muirí will unveil plaque to commemorate East Wall winning All Ireland Pride of Place Award



The official unveiling ceremony of the East Wall, Pride of Place award plaques will take place on Thursday the 23rd of May at 12:15 in the afternoon. Please come along to East Wall Water Sports at 12:15pm or Paddy the Butchers at 12:45 or the Sean O'Casey Community Centre at 1pm for the unveilings.

There will be eight plaques in each of the areas where groups from East Wall represented the area to the judging panel. These locations will be at East Wall Credit Union, East Wall Water Sports, East Wall Gardening Club, the Sean O'Casey Community Centre, East Wall Recreation Centre, East Wall Youth, St. Joseph's Co-ed Primary School and Paddy the Butchers. These plaques commemorate East Wall winning the best place in Ireland in the small town category and this award is something for East

Waller's to be very proud of.

The picture above shows some of the local representatives accepting the award in Pride of Place awards in Limerick in November 2012.

Jobs Notice Board Sean O'Casey Community

Nascadh CDP have developed an "Employments Opportunities" notice board. It is located in the reception of the Sean O'Casey community centre.

The aim of the notice board is to keep local people who may be looking for work, aware of job opportunities. Most of the jobs advertised will be drawn from online websites and agencies, although the board is not a substitute for individuals searching for jobs online themselves it maybe the case someone passing the board may know other people who might be suited for the positions advertised.

We will try to make local jobs a priority.

We have registered online with various employment agencies. Our hope is to keep the notice board updated weekly.

Part of the notice board will also be used to make people aware of education, training and internship opportunities. If you know of any jobs that we could put up on the notice board, especially local jobs or if you would like any more information you can e-mail jobsboardeastwall@yahoo.ie



"Are you looking for work and have you seen Nascadh CDP's Jobs notice board in the Sean O'Casey Community Centre?"

Employment Skills Course:

Nascadh CDP have recently completed an employment skills course. The course included interview skills, where to look for work, CV preparation, education and training opportunities..

Nascadh CDP will run another class shortly, if you are interested contact 01 889385.



Comfort Keepers
HOME CARE

Are You Interested in becoming a care assistant?

If so, then come along to our Recruitment Fair.

Friday the 24th of May 2013, 10am—4pm

Sean O'Casey Community Centre, St. Mary's Road, East Wall.

Please bring along a copy of your CV

or apply online at: www.comfortkeepers.ie/careers or Call 8797777

Dublin Inner City Employment & Enterprise Services Expo:

Are You Interested in Starting Your Own Business or Finding What Supports are available for Small Businesses?

Wednesday the 19th of June 2013
10:30—12:30 Gresham Hotel O'Connell Street

For further information contact 01 8366890 or e-mail: employmentexpo@gmail.com.

On the day there will be:

- Workshops
- Information on setting up your own business
- A showcase of the range of employment and enterprise supports available.

This event is organized by Community Technical Aid and Inner City Organisation Network and supported by Pobal and the Department of the Environment and Local Government.



Are you interested in Skiff Rowing?

If so contact Joe at: joe@eastwallwatersports.ie

West of Ireland Currach Racing Reggata 15th June East Wall Water Sports

3pm

The currachs are back for two days only. There will be a regatta on in the East Wall Water Sports (off Alfie Byrne Rd, at the turn off for East Point business park).

Would you like to have a go on a currach. There will be an open day to try out rowing a currach in East Wall Water Sports on Friday the 14th June from 2pm.

Dublin Port Riverfest 1st - 3rd June 2013

This June Bank Holiday, North Wall Quay will play host to Dublin Port's Riverfest.

Dublin Port's Riverfest will take place on 1st - 3rd June on North Wall Quay. Organised by Dublin Port Company and The Docklands Business Forum, expect a unique celebration along the historic quays with a jam packed programme of entertainment and family fun. In addition the festival coincides with the 50th Anniversary of the Old Gaffers Association. This special event will culminate with a rare demonstration of skills with the Howth 17's racing on the River Liffey on Saturday 1st June.

A huge array of activities are planned over the course of the weekend. Including the arrival of 6 tall ships, currach racing on the Liffey, boat racing on the Liffey, tug boat demonstrations and much more.

Not to be outdone by the water, land activities will also play an integral part to the festival, with street performers, music,

bars, face painting, and carnival attractions from the new Samuel Beckett Bridge to East Link Bridge there to entertain and satisfy crowds.

However, if food is your thing, then Riverfest is guaranteed to have something for you. This year the Markets will have a huge range of quality fresh and exciting food for food lovers to delight in.

98FM's Big Red and the Thunder Crew, will also be on hand over the weekend, broadcasting live and giving goodies out to the crowds.

The Dublin Port Riverfest promises a hive of activity with entertainment and family fun guaranteed, so don't miss out!

Full details of the Riverfest are available at www.dublinriverfest.com

National College of Ireland Opening Evenings

Open Evenings 2013

Throughout this summer the National College of Ireland will be hosting a number of open evenings. You will be able to speak directly to our admissions team and to lecturers from our business, computing and psychology courses.

Dates for open evenings are as follows:

- Wednesday 22nd May 5-7pm
- Thursday 20th June 5-7pm
- Tuesday 16th July 5-7pm
- Thursday 15th August 5-7pm
- Saturday 17th August 11am-2pm
- Wednesday 28th August 5-7pm
- Thursday 12th September 5-7pm

You can also enquire through the website: www.ncirl.ie or by calling 1850 221 721.



Order of Malta First Aid Training

Order of Malta East Wall Cadets meets every Friday at 7pm in East Wall Youths premises on Strangford Road.

We provide free first aid training. There is much more to the order of Malta than first aid training. It also includes home nursing, personal development & competitions across the country.

Our members are aged between 10-16 and open to any one interested in this.

Our next course starts the first week of September.

Contact Stephen Fuery - 085 1574644

Spanish Classes: Native Spanish Speaker

8 Week beginners Spanish Classes beginning 13th of June for only €20 for the eight week course. The classes will be at 11am on Thursday mornings in the Sean O'Casey Community Centre.

If you are interested please contact Nascadh CDP 01 8893985.



**Seniors
Summer
Project 2013**



This year's senior's summer project is expected to be as popular as previous years with a packed itinerary of events and activities, running for the month of July. There will be Mystery Guests on Monday's in the Day Care Centre, Dance classes on Friday mornings, Mystery day trips every Wednesday and the Grand Finale on Wednesday the 31st of July.

The summer project is open to everyone over 55 years old and over and from East Wall. You don't have to attend the clubs, all are welcome. Places are limited and it will be based on those who book first. Booking will take place on the 10th of June at the Monday afternoon club from 2:30pm. There will be four mystery tours €15 each. The Finale will be €25. The Dance classes will be €10 for four classes. On Mondays when the mystery guests come you are asked to give a voluntary contribution.

Book Sale National College of Ireland:
Books can be left in the Sean O'Casey Community Centre on the week of the 3rd of June

Katie Byrne has a dream
Her dream is to walk independently.

PLEASE HELP US GET KATIE TO THE USA FOR A LIFE CHANGING OPERATION THAT WILL HELP HER WALK INDEPENDENTLY.

VISIT www.katiesdreamtowalk.com
TO MAKE A DONATION OR CALL
Tel: 086 037 2036
Email: katiesdreamtowalk@gmail.com
Any donations would be gratefully appreciated. Thank You

Katies Dream to Walk: To find out more or donate look on the website: www.katiesdreamtowalk.com

CROSSCARE'S CARE LOCAL | RINGSEND COMMUNITY CENTRE
SENIOR FORUM | LOURDES DAY CARE CENTRE | NASCADH CDP
IRISH TOWN RINGSEND PRIMARY CARE CENTRE

DOCKLANDS SENIOR PROVIDER FORUM

Book Sale

All proceeds raised will directly benefit older people living in the Docklands

The 3 DAY book sale will launch on Tuesday, 11th June, at 10:00am in the National College of Ireland. (IFSC Campus)

ALL BOOKS €1
OVER 30,000 BOOKS TO CHOOSE FROM

WHEN:
Tuesday, 11th June, 10am-4pm
Wednesday, 12th June, 10am-4pm
Thursday, 13th June, 10am-8pm

WHERE:
National College of Ireland (IFSC Campus)

Book donations can be dropped off at Ringsend Community Centre, Lourdes Day Care Centre, NASCADH CDP and the Docklands Authority Offices. Books will also be accepted during the sale. Call Olive at 818 3328 for further information.

*Sean O'Casey Community Centre
Seniors Meals Service and
Activities.*

**FREE
PICK UP BUS FROM YOUR DOOR
AND BACK**

For More Information Contact the Sean O'Casey Community Centre at 01 8509000 or drop-in to the centre

For Information on Activities Contact Nascadh CDP 01 8893985

Activities:
Monday Afternoon Club: Outings, Movies, Tea Parties & Activities
Tuesday and Thursday Afternoon Men's Games Room
Tuesday Night Bingo (Fortnightly) - Wednesday Afternoon Club: Bingo